

## Iowa's Dairy Story Milk Cart Quiz Lesson

### **Objectives:**

1. Students will apply what learned during the dairy lessons

### **Supplies Needed:**

Use the Iowa's Dairy Story Milk Cart Quiz Kahoot! game.

**Duration:** 10-15 minutes

### **Teaching the Lesson:**

Split class into small groups. Each group will need an electronic device (laptop, cellphone, tablet) to join the Kahoot! Game as a team. Allow students to work as a team to answer each of the dairy trivia questions. The questions are provided below with the answers in bold.

### **Nutrition and Science**

There are 9 essential nutrients in dairy products? **True** or False

How many servings from the dairy food group does a student age 8 -18 need daily to get enough calcium?

- a. 1 serving
- b. 10 servings
- c. **At least 3 servings**

Chocolate milk is a good source of calcium but has added sugars. **True**

Milk quality is tested to ensure its freshness and safety. **True** or False

Which of the following are benefits from eating dairy group foods?

- a. strong bones and teeth
- b. healthy heart
- c. strong muscles
- d. **all of the above**

## Dairy History

The average Iowa farm size is increasing. **True** or False

This is placed in a cow's stomach to catch any metal she might eat.

- a. **Magnet**
- b. Halter
- c. Brush
- d. Cowbell

It only takes 2 days for dairy foods to travel from farms to your processor to you. **True** or False

Which professional assists dairy farmers with herd health and keeps animals healthy?

- a. milk inspector
- b. **veterinarian**
- c. agronomist
- d. principal

## Dairy Cows

The Jersey breed is the smallest dairy breed. **True** or False

Which breed of dairy cow originated in Switzerland?

- a. Holstein
- b. Milking Shorthorn
- c. Ayrshire
- d. **Brown Swiss**

What is the purpose of an ear tag on a cow?

- a. to attract other cows
- b. to be fashionable
- c. **to help the farmer identify the cow.**

How many stomachs does a cow have?

- a. 1 stomach with 4 compartments
- b. 4 stomachs
- c. 1 stomach that is the same as a person's stomach

How many times a day is a cow milked?

- a. **At least twice a day**
- b. At least 5 times a day
- c. Once a day

Cows eat grass, chopped corn, hay, mixed feed and water. **True** or False